

NEUROMA

- ◆ A neuroma is a nerve entrapment or inflammation of a nerve between the toes.
- ◆ Patients may experience pain in the ball of the foot.
- ◆ Also may experience a burning/tingling sensation
- ◆ Pain is usually reduced when shoes are removed
- ◆ Treatment of neuromas include wearing wider shoes
- ◆ Cortisone injections
- ◆ Orthotics
- ◆ Surgery

