

BUNION



- ◆ A bunion is a bump at the base of the big toe joint
- ◆ The big toe deviates toward second toe
- ◆ Bunions can be hereditary or acquired by the way people walk
- ◆ Symptoms can include redness, swelling and pain in the joint
- ◆ The symptoms can be increased by tight shoes and walking
- ◆ There are surgical and conservative treatment options

